



SAMHSA Tribal Training and Technical Assistance Center

COHORT 1 COMMUNITIES BENEFITS OF PARTICIPATION

What is the Tribal Training and Technical Assistance (TTA) Center?

The Tribal TTA Center is a project of the Substance Abuse and Mental Health Services Administration (SAMHSA) of the U.S. Department of Health and Human Services being implemented by Tribal Tech, LLC (prime contractor) and Kauffman & Associates, Inc. (KAI) (subcontractor). Tribal Tech and KAI are both American Indian-owned, women-owned small businesses with extensive experience working on federal contracts in Indian Country. Through our SAMHSA work, the Tribal Tech/KAI Team will provide comprehensive broad, focused, and intensive training and technical assistance (TTA) to federally recognized tribes and other American Indian and Alaska Native (AI/AN) communities seeking to address and prevent mental and substance use disorders and suicide, and to promote mental health.

KAI will provide **INTENSIVE TRAINING AND TECHNICAL ASSISTANCE** to the Cohort 1 AI/AN communities to build community capacity for planning, implementing, and sustaining culturally relevant, evidence-based holistic preventive efforts. Currently, the Tribal TTA Center's **INTENSIVE** training and technical assistance is engaging 8 AI/AN communities with 32 additional communities to be added, totaling 40 communities by 2018.

How will my community benefit?

Communities gain short- and long-term benefits from their participation in the **INTENSIVE** training and technical assistance for developing and implementing sustainable prevention plans. The result is increased capacity, skills, and knowledge for community-wide prevention of mental health and substance use disorders and suicide, and the promotion of mental health. Specific examples of short-term benefits, long-term benefits, and community contributions are listed below.

Short-term benefits

Participating communities receive these short-term benefits.

- Individualized training and technical assistance focused on prevention
- Coordination support to form an oversight panel and to develop and implement a community prevention plan and a community sustainability plan
- Five onsite trainings and virtual trainings including 1) an introductory site visit, 2) a community readiness assessment virtual training, 3) a combined Gathering of Native Americans/Gathering of Alaska Natives and community mobilization and planning event, 4) a technical assistance site visit, 5) a local tribal leader's meeting, and 6) a sustainability site visit

Tribal TTA Center's Philosophy

*Native communities have the knowledge, capacity, and strength to address and prevent mental health and substance use disorders and suicide, and to promote mental health. Their cultural beliefs and practices provide a foundation for taking action, solving problems, and promoting lasting wellness. The Tribal TTA Center's **INTENSIVE** training and technical assistance provides tools and resources to help communities come together to do this work.*



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- Sustainability and mentoring training and technical assistance on evidence-, practice-, and culture-based interventions; violence, bullying, and suicide prevention; mental and substance use disorders prevention; mental health promotion; cultural resilience and historical trauma; community partnership and coalition building; digital storytelling; crisis response and surveillance; cultural considerations in gatekeeper training; youth leadership; community-based evaluation; grant writing; and other topics
- Community funds (totaling up to \$25,000) to support the hiring of a community-based coordinator to assist with implementation of the community prevention plan and/or hiring of additional consultants to provide evidence-based trainings, and additional support (totaling up to \$10,000) for the implementation of the community sustainability plan interventions

Long-term benefits

The Tribal TTA Center provides capacity-building services to communities that result in these long-term benefits.

- Increased awareness of how mental health and substance use disorders and suicide affect your community and the ability to respond effectively, and how to effectively promote mental health
- The identification of cultural strengths and resilience factors that protect Native children, youth, and families
- The development of a prevention framework based on Native culture, values, and traditions
- Increased collaboration among community agencies
- Sustained prevention efforts beyond the duration of the project
- Increased capacity to submit and win competitive grant applications
- Following the completion of **INTENSIVE** training and technical assistance support (through September 12, 2014), the Cohort 1 AI/AN communities will be provided ongoing support through the Tribal TTA Center's **FOCUSED** training and technical assistance being implemented by Tribal Tech

Community contributions

Participating communities are asked to make the following contributions to the project.

- Identify and form a team including a lead contact, lead agency, and an oversight panel
- A commitment by leadership to the Tribal TTA Center's **INTENSIVE** training and technical assistance goals
- In-kind resources (e.g., meeting space, staff time, event promotion)
- Participation in the **INTENSIVE** training and technical assistance project evaluation
- A partnership between the Tribal TTA Center's **INTENSIVE** training and technical assistance support and existing community prevention efforts
- Collaboration with the Tribal TTA Center's **INTENSIVE** training and technical assistance staff in planning and conducting onsite community trainings and events, and participation in remote TTA

Who can I contact for more information?

For more information about the Tribal TTA Center's **INTENSIVE** training and technical assistance, please contact Gloria Guillory, Intensive TTA Director, at gloria.guillory@kauffmaninc.com or (509) 789-2646.